

A Comprehensive Review on Natural and Industrial Filler Reinforced Polymer Composites

Prakash Balan Ganesan^{a*}

^a UG Student, Department of Mechanical Engineering, Mookambigai College of Engineering, Tamil Nadu, India.

* Email: gprakashbalanmech@gmail.com

Abstract

The use of natural and industrial fillers in polymer composites has attracted growing interest as industries seek cost-effective, sustainable, and high-performance alternatives to conventional materials. This review systematically synthesizes and focusing on epoxy, polyester, and vinyl ester composites reinforced with a wide range of organic and inorganic fillers. Across the literature, the incorporation of fillers at optimal contents (3-25 wt%) improved mechanical, thermal, and barrier properties, while excessive loading led to agglomeration and interfacial debonding. Natural fillers such as groundnut shell, coir, tamarind seed, *Polyalthia longifolia*, and eggshell powder enhanced tensile and flexural strengths by approximately 15-70%, whereas inorganic fillers like red mud, fly ash, silicon carbide, and calcium carbonate improved hardness and thermal stability by up to 25-40%. Hybrid and nano-filled composites exhibited synergistic improvements due to better stress transfer and microstructural densification. The review also highlights governing mechanisms, interfacial phenomena, and critical gaps in current research, offering future directions toward high-performance, eco-efficient polymer composite systems.

Keywords: Polymer Composites, Natural Fillers, Industrial Waste, Hybrid Composites, Mechanical Properties, Thermal Stability, Sustainability

1. Introduction

Polymer matrix composites (PMCs) have become integral to modern engineering applications due to their high strength-to-weight ratio, tunability, and cost-effectiveness. Traditionally, synthetic fibers such as glass, carbon, and aramid have been employed as reinforcements, but their production is energy-intensive and non-biodegradable [1-3]. The shift toward sustainable materials has therefore motivated the use of bio-based and industrial waste fillers, which can simultaneously enhance material performance and mitigate environmental impact [4-6]. Natural fillers derived from agricultural residues-including coconut coir, groundnut shells, tamarind seeds, and banana fibers-are inexpensive, renewable, and locally available [1-3]. Their cellulosic structure provides moderate stiffness and good interfacial adhesion when treated chemically. Conversely, industrial waste fillers such as fly ash, red mud, sewage sludge ash, and silicon carbide offer superior hardness, density, and thermal resistance [12,13]. The integration of these two categories of fillers allows tailoring of composite properties for structural, automotive, and consumer applications [7-9]. Despite the diversity of reported systems, the literature reveals recurring patterns: Moderate filler loadings improve stiffness and strength, Excess filler reduces elongation and increases brittleness, and Surface modification and particle size strongly affect dispersion and bonding. This review aims to consolidate experimental findings and interpret the underlying structure-property mechanisms that govern filler-reinforced polymer composites.

2. Classification and Characteristics of Fillers

2.1. Natural Fillers

Natural fillers consist mainly of cellulose (40-60%), hemicellulose (15-25%), and lignin (10-25%), which contribute to low density (1.2-1.5 g/cm³) and biodegradability [1-5]. Groundnut shell powder [1] micro-particulate lignocellulosic filler enhancing stiffness and reducing cost. *Calotropis gigantea* fiber [2] hollow lumen structure offering moderate tensile reinforcement. Tamarind seed powder [3] carbohydrate-rich filler improving interfacial adhesion due to polar hydroxyl groups. *Polyalthia longifolia* seed filler [4] increases tensile and flexural strength by improving load transfer. Eggshell powder [5] primarily calcium carbonate (~95%) providing rigidity and hardness.

2.2. Industrial and Mineral Fillers

Industrial wastes such as red mud [12] and fly ash [13] contain oxides of iron, aluminum, and silica, contributing to high stiffness and temperature resistance. Their specific gravities (2.3-2.8 g/cm³) are higher than natural fillers, improving load-bearing capacity. Other common fillers include CaCO₃, talc, silicon carbide, and barium sulfate, all known for improving abrasion resistance and dimensional stability.

2.3. Hybrid Fillers

Hybrid systems combine multiple filler types to exploit complementary properties. For example, banana fiber + silica composites [7,8] achieve improved flexural strength and hardness, while Phoenix pusilla-fish bone nanofiller composites [11] exhibit synergistic stiffness and impact energy absorption. Such dual-reinforced systems minimize voids and improve stress distribution within the polymer matrix.

3. Fabrication Methods and Processing Parameters

The majority of the reviewed works employed hand lay-up or compression molding techniques [2-6, 9, 12]. Hand lay-up remains popular due to simplicity, though it can introduce air entrapment. Compression molding produces higher fiber volume fractions and better reproducibility. Critical parameters influencing composite quality include: Filler loading (3-25 wt%)-beyond this, viscosity increases and wetting deteriorates. Particle size (<75 µm)-smaller particles enhance surface area and bonding. Curing temperature (60–80°C)-influences crosslink density and hardness. Surface treatment-alkali or silane treatments remove impurities and improve adhesion. Advanced processing techniques like ultrasonic dispersion or resin transfer molding have been recommended to improve uniformity, particularly for nanocomposite systems [11,13].

4. Mechanical Properties

4.1. Tensile Behavior

Across most studies, the addition of natural or industrial fillers increased tensile strength by approximately 20-70% at optimal loadings. For example, composites with tamarind seed filler [3] and Polyalthia longifolia seed powder [4] achieved tensile strengths in the range of 30-35 MPa, compared to 20-25 MPa for unfilled matrices. Enhancement arises from improved load transfer across filler-matrix interfaces and mechanical interlocking. At higher filler contents (>25 wt%), tensile strength typically decreased due to agglomeration and void formation. Studies using Calotropis gigantea fibers [2] reported reduced elongation at break beyond 15 wt% filler loading, suggesting matrix embrittlement.

4.2. Flexural and Bending Strength

Flexural strength improvements ranged from 15–50% depending on filler type. Rigid inorganic fillers such as CaCO₃ [5] and fly ash [13] significantly enhanced bending modulus. However, excessive filler content led to microcrack initiation at stress concentration sites. Hybrid banana-silica composites [7,8] exhibited higher flexural moduli due to better load distribution between the organic and inorganic components.

4.3 Impact and Compressive Strength

Impact strength improvements of 10-40% were observed in natural and hybrid systems, especially at 5-10 wt% filler loadings [4,7]. The inclusion of fish bone nanofillers [11] improved energy absorption by refining the microstructure and increasing crack propagation resistance. Compressive strength generally improved with inorganic fillers due to the rigid particle network that restricts plastic deformation [12,13].

4.4 Hardness

Shore D and Rockwell hardness values increased with filler content, often by 15-30% relative to unfilled resin [5,12]. Eggshell and red mud fillers were particularly effective because of their high mineral content. Enhanced hardness reflects greater resistance to indentation and wear, beneficial for structural and tribological applications.

5. Thermal Properties and Degradation Behavior

5.1 Thermogravimetric Stability

Thermogravimetric analysis (TGA) consistently showed delayed onset of degradation for filled composites. Natural fillers containing lignin [1-3] contributed to char yield increases of ~10-20%, while inorganic fillers like red mud or fly ash

raised decomposition temperatures by 30–80°C [12,13]. Improved thermal stability results from barrier effects-fillers restrict polymer chain motion and reduce heat transfer through the matrix.

5.2 Differential Scanning Calorimetry (DSC) Observations

DSC studies revealed that the glass transition temperature (T_g) often shifted upward by 5-15°C after filler incorporation [3,11]. The restricted molecular mobility and enhanced crosslinking density contribute to higher T_g values, indicating improved thermal endurance under service conditions.

6. Moisture Absorption and Aging Characteristics

Hydrophilic natural fillers tend to increase water uptake, while inorganic fillers reduce it. The water absorption coefficient of untreated natural-fiber composites may be 30-60% higher than neat resin [7], but proper alkali or silane treatment can lower it by up to half.

Red mud, talc, and CaCO_3 -filled systems [5,12,13] demonstrated improved barrier properties due to filler impermeability and reduced microvoid formation. Moisture uptake typically follows Fickian diffusion, stabilizing after 72-120 hours of immersion. Dimensional stability under humidity can thus be tailored through filler selection and surface modification.

7. Morphological and Structural Analysis

7.1 Scanning Electron Microscopy (SEM)

SEM images from various studies [1-13,21] confirmed that uniform filler dispersion leads to compact and continuous interfaces, while higher loadings induce cluster formation and microvoids. Alkali-treated fibers displayed rougher surfaces, which enhance mechanical interlocking.

7.2 FTIR and XRD Analysis

Fourier-transform infrared spectroscopy (FTIR) identified characteristic shifts in hydroxyl and carbonyl peaks, verifying chemical bonding between filler and matrix [2,3]. X-ray diffraction (XRD) patterns indicated slight crystallinity increases in composites containing CaCO_3 and SiC, attributed to nucleation effects [5,13].

8. Hybrid and Nano-Filler Systems

Hybridization combines the advantages of both natural and inorganic fillers. For instance, banana fiber-groundnut shell ash composites [9] achieved ~25% improvement in tensile and compressive strength, while Phoenix pusilla-carbon fiber laminates with fish bone nanoparticles [11] exhibited increases exceeding 50% in tensile and flexural properties relative to unfilled systems.

Nanoparticle incorporation (1-3 wt%) further enhanced modulus and thermal stability by filling interstitial voids and promoting stress delocalization. The high aspect ratio of nanofillers improves mechanical reinforcement through surface energy-driven adhesion mechanisms.

9. Structure–Property Relationships

- Filler–Matrix Interface: Chemical bonding and mechanical interlocking dictate stress transfer efficiency. Treatments such as NaOH (5%) or silane coupling enhance adhesion [1,3].
- Particle Morphology: Finer particles (<50 μm) distribute stress more evenly, increasing tensile and impact resistance [4,22].
- Hybrid Synergy: Combining rigid and flexible fillers balances stiffness and toughness [7,11].
- Thermal Shielding: Metal oxide fillers form char or ceramic-like barriers that inhibit heat flow and oxygen diffusion [12,13].
- Moisture Control: Hydrophobic coatings reduce water ingress, prolonging composite life [5,13].

10. Applications

- Automotive and Transportation: Door panels, dashboards, and underbody shields, replacing glass-fiber laminates [9,11].
- Construction: Roofing sheets, tiles, wall panels using red mud and fly ash fillers [10,12].
- Aerospace: Lightweight hybrid laminates with high stiffness-to-weight ratios [11].

- Packaging and Consumer Goods: Biodegradable containers and casings employing eggshell and starch-based fillers [5].
- Industrial validation is expanding as material testing confirms long-term stability and reduced environmental impact.

11. Limitations and Research Gaps

- Inconsistent processing: Manual lay-up methods cause variation in fiber wetting and void content.
- Limited durability studies: Few works examine fatigue, UV, or thermal aging behavior over long periods [12].
- Moisture sensitivity: Hydrophilic natural fillers still challenge dimensional stability.
- Insufficient modeling: Quantitative micromechanical modeling and life-cycle assessment are scarce.
- Standardization gaps: Lack of uniform testing protocols makes cross-study comparison difficult [14-20].

12. Conclusions

This review consolidates the findings on polymer composites reinforced with natural and industrial fillers. Mechanical performance improvements up to 70% in tensile strength and 50% in flexural strength have been documented at optimal filler contents between 3 and 25 wt%. Thermal stability gains of 30-80°C and hardness increases of 15-30% are typical for inorganic-filled systems. Hybrid and nano-fillers further enhance stiffness and durability through improved interfacial bonding and microstructural uniformity.

Hybrid filler systems generally outperform single-type reinforcements because they combine the complementary advantages of organic and inorganic phases. Natural fillers contribute toughness and reduced density, while mineral fillers supply rigidity and thermal stability. Their synergistic interaction often leads to 10–25% higher mechanical strength and improved thermal endurance compared with single-filler composites, provided that dispersion and interfacial compatibility are optimized.

Employing natural and industrial waste fillers promotes circular-economy principles by transforming waste streams into functional materials and reducing dependence on virgin resources. Such composites typically exhibit lower embodied energy and a smaller carbon footprint, while the use of biodegradable or locally sourced fillers further enhances environmental benefits. These factors collectively position filler-reinforced polymer composites as key contributors to sustainable materials engineering.

The integration of agricultural and industrial waste fillers thus provides a viable pathway toward sustainable, lightweight, and high-performance composite materials. Continued research on interface chemistry, process optimization, and long-term durability will accelerate their transition from laboratory studies to commercial applications.

Acknowledgment

The author sincerely acknowledges the guidance and support provided during the workshop “How to Write a Research Article” organized by Z Alpha Research and Publishing Hub. This manuscript was developed independently by the author as an outcome of the knowledge and skills gained through the workshop.

Ethical considerations

Not applicable.

Conflict of Interest

The authors declare no conflicts of interest.

Funding

This research did not receive any financial support.

References

1. Potadar, O. V., & Kadam, G. S. (2018). Preparation and testing of composites using waste groundnut shells and coir fibres. *Procedia Manufacturing*, 20, 91-96.
2. Vinod, A., Vijay, R., & Singaravelu, D. L. (2018). Thermomechanical characterization of *Calotropis gigantea* stem powder-filled jute fiber-reinforced epoxy composites. *Journal of Natural Fibers*, 15(5), 648-657.
3. Stalin, B., Nagaprasad, N., Vignesh, V., & Ravichandran, M. (2019). Evaluation of mechanical and thermal properties of tamarind seed filler reinforced vinyl ester composites. *Journal of Vinyl and Additive Technology*, 25(s2), E114-E128.

4. Stalin, B., Nagaprasad, N., Vignesh, V., Ravichandran, M., Rajini, N., Ismail, S. O., & Mohammad, F. (2020). Evaluation of mechanical, thermal and water absorption behaviors of Polyalthia longifolia seed reinforced vinyl ester composites. *Carbohydrate Polymers*, 248, 116748.
5. Ji, M., Li, F., Li, J., Li, J., Zhang, C., Sun, K., & Guo, Z. (2021). Enhanced mechanical properties, water resistance, thermal stability, and biodegradation of the starch-sisal fibre composites with various fillers. *Materials & Design*, 198, 109373.
6. Das, S. C., Ashek-E-Khoda, S., Sayeed, M. A., Paul, D., Dhar, S. A., & Grammatikos, S. A. (2021). On the use of wood charcoal filler to improve the properties of natural fiber reinforced polymer composites. *Materials Today: Proceedings*, 44, 926-929.
7. Singh, V. K., Gope, P. C., Sakshi, C., & Singh, B. D. (2012). Mechanical behavior of banana fiber based hybrid bio composites. *J Mater Environ Sci*, 3(1), 185-194.
8. Ganesan, M., & Valarmathi, T. N. (2014). Tensile strength of teak wood saw dust-cashew nut shell liquid resin composites. *International Journal of Engineering Development and Research*, 2(1), 196-199.
9. Lakshumu Naidu, A., & Kona, S. (2018). Experimental study of the mechanical properties of banana fiber and groundnut shell ash reinforced epoxy hybrid composite. *International Journal of Engineering*, 31(4), 659-665.
10. Akindapo, J. O., Binni, U. A., & Sanusi, O. M. (2015). Development of roofing sheet material using groundnut shell particles and epoxy resin as composite material.
11. Abhishek, S., Sanjay, M. R., George, R., Siengchin, S., Parameswaranpillai, J., & Pruncu, C. I. (2018). Development of new hybrid Phoenix pusilla/carbon/fish bone filler reinforced polymer composites. *Journal of the Chinese Advanced Materials Society*, 6(4), 553-560.
12. Vigneshwaran, S., Uthayakumar, M., & Arumugaprabu, V. (2019). Development and sustainability of industrial waste-based red mud hybrid composites. *Journal of Cleaner Production*, 230, 862-868.
13. Erklığ, A., Alsaadi, M., & Bulut, M. (2016). A comparative study on industrial waste fillers affecting mechanical properties of polymer-matrix composites. *Materials Research Express*, 3(10), 105302.
14. Nagaraj, N., Balasubramaniam, S., Venkataraman, V., Manickam, R., Nagarajan, R., & Oluwarotimi, I. S. (2020). Effect of cellulosic filler loading on mechanical and thermal properties of date palm seed/vinyl ester composites. *International journal of biological macromolecules*, 147, 53-66.
15. Hulugappa, B., Achutha, M. V., & Suresha, B. (2016). Effect of fillers on mechanical properties and fracture toughness of glass fabric reinforced epoxy composites. *Journal of Minerals and Materials Characterization and Engineering*, 4(1), 1-14.
16. Vignesh, V., Balaji, A. N., & Karthikeyan, M. K. V. (2017). Effect of wood sawdust filler on the mechanical properties of Indian mallow fiber yarn mat reinforced with polyester composites. *International Journal of Polymer Analysis and Characterization*, 22(7), 610-621.
17. Zheng, H., Sun, Z., & Zhang, H. (2020). Effects of walnut shell powders on the morphology and the thermal and mechanical properties of poly (lactic acid). *Journal of Thermoplastic Composite Materials*, 33(10), 1383-1395.
18. Adeosun, S. O., Gbenebor, O. P., Akpan, E. I., & Udemé, F. A. (2016). Influence of organic fillers on physicochemical and mechanical properties of unsaturated polyester composites. *Arabian Journal for Science and Engineering*, 41, 4153-4159.
19. Gupta, G., Gupta, A., Dhanola, A., & Raturi, A. (2016, September). Mechanical behavior of glass fiber polyester hybrid composite filled with natural fillers. In *IOP conference series: materials science and engineering* (Vol. 149, No. 1, p. 012091). IOP Publishing.
20. Abass, R. U. (2015). Mechanical behavior of natural material (Orange peel) reinforced polyester composite. *International Journal of Engineering Sciences Research Technology*, 4(3), 166-172.
21. Manickavasaham, G., Balaguru, P., Narayanasamy, R., & Poonggazhal, T. T. K. (2025). Fabrication and Analysis of Epoxy Composites with Sunflower Seed Husk Fillers: A Grey Relational Approach. *Multidisciplinary Science Journal*, (Accepted Articles).
22. Manickavasaham, G., Balaguru, P., & Annamalai, N. (2024). Experimental Investigation of Mechanical Properties of Epoxy/Sunflower Seed Husk Filler Reinforced Composites. *International Journal of Vehicle Structures & Systems (IJVSS)*, 16(1).